

CHRISTMAS APPEAL



**HELP BY DONATING AN ITEM OR TWO FROM
OUR SHOPPING LIST TO ENSURE WE CAN
PROVIDE FOOD TO PEOPLE IN CRISIS**

SHOPPING LIST TOP TEN ITEMS

Tinned meat
Tinned fish
Tinned vegetables
Tinned fruit
Tinned custard
Spreads / Jam
Long life juice
Christmas treats
Christmas crackers
Christmas cake

Don't forget...

You can help transform
more lives with a
financial donation too.



info@redbridgefoodbank.org
redbridgefoodbank.org

Registered Charity in England & Wales (1183803)