

REVERSE ADVENT CALENDAR NOVEMBER 2019



1

2X BAG FOR LIFE



2

TINNED FRUIT



3

TINNED RICE
PUDDING



4

TINNED OR PACKET
CUSTARD



5

JAM OR HONEY



6

TINNED SPAGHETTI



7

PACKET OF
NOODLES



8

LONG LIFE
FRUIT JUICE



9

UHT LONG LIFE
MILK



10

TOMATO KETCHUP



11

TOOTHPASTE &
TOOTHBRUSH



12

TOILET ROLLS
(2 PACK)



13

DEODORANT



14

JAR OF BABY FOOD



15

PACKET OF
BABY FOOD



16

BABY WIPES



17

TINNED FISH



18

TINNED MEAT



19

CHRISTMAS
CRACKERS



20

CHRISTMAS
CONDIMENTS



21

CHRISTMAS
BISCUITS



22

CHOCOLATE
OR TREATS



23

CHRISTMAS
PUDDING



24

MINCE PIES

PLEASE DELIVER YOUR DONATIONS TO:

REDBRIDGE FOODBANK, 14 GRANVILLE ROAD, ILFORD IG1 4JY
ON: 25TH 1PM - 2PM, 26TH 12 - 1PM OR 27TH 2PM - 4PM

**THANK YOU FOR JOINING US
IN THE FIGHT AGAINST
HUNGER**

Redbridge foodbank has been in operation for 8 years and in that time we have provided approximately 4,000 food/hygiene parcels per year to individuals and families in crisis. Last year we saw this figure rise by almost 2,000.

People are referred to the foodbank via our partnerships with front-line care professionals who identify those who have no access to food. Situations such as fleeing domestic violence, benefit changes/delays, debt, redundancy, bereavement or numerous health issues can cause an individual or family to be in a position where they have no food. While the care professional can assist with the wider need of their client - our foodbank can provide immediate help by way of a food/hygiene parcel which will last for 3 days.

We have 100+ regular volunteers who enable foodbank to run. Their roles include stock rotation/management, parcel preparations, meeting and greeting clients who are referred to foodbank, food/fundraising, administration and much more.

*Your support and donations are very much appreciated and we
thank you for joining us in the fight against UK hunger*
